



National ProStart Invitational

Suggested Order for Menu and Recipe Folders

In order to make the task of evaluating the menu and recipe portion of the contest easier for the judges, here is the suggested order of the contents.

Make sure you follow the rules and use a soft bound folder or binder.

The name of your school and state must be on the cover.

Do not include any additional information not requested in the rules.

Use good quality photos. Print them as large as possible without losing picture quality.

Keep the photo, recipes, recipe costing, and menu price sheets for each course together and separate each course with a tab.

The full binder should be in this order:

Menu

Starter tab:

- Photo
- Recipes (as many as necessary)
- Recipe Cost Sheets (one for each recipe)
- Menu Price Sheet (one for each course)

Entrée tab:

- Photo
- Recipes (as many as necessary)
- Recipe Cost Sheets (one for each recipe)
- Menu Price Sheet (one for each course)

Dessert tab:

- Photo
- Recipes (as many as necessary)
- Recipe Cost Sheets (one for each recipe)
- Menu Price Sheet (one for each course)

Remember to include plating instruction in your procedures.